



## “Our Volunteers - Health Outreach Project Volunteers Share Their Stories“

“Dr. Pravir Patel is the recent past-president of Health Outreach and participant of over ten humanitarian projects in Guatemala”



*1. Describe how you felt physically, mentally and emotionally at the time of this picture?*

Felt like we were making a difference in the oral health of these kids. At the time of the picture I am sure it was go go go with energy levels at maximum so that we could see every child that came to our clinic.

*2. Why did you volunteer with/participate in our organization?*

I enjoy travelling and meeting new people, giving back to our world community, I had also heard good things from other volunteers

*3. Please list the three things you like most about your membership/ volunteer work and why you like them?*

- the group is well organized - I feel that the organizers genuinely care about the safety of the volunteers
- there are many ways to participate both at home and abroad - allows people with time constraints to help
- funds go directly to the people we help - no paid volunteers

*4. How , if any, has your involvement with Health Outreach in terms of specific success, increasing quality of life or satisfaction?*

Since I started volunteering with HO, I find that I have more gratitude and patience both at work and at home.

*5. Is there anything about your volunteer work /membership that you would like to see changed?*

- Nope!

Dr. Pravir Patel

<https://healthoutreach.ca/page-1641017>