



“Our Volunteers - Health Outreach Project Volunteers Share Their Stories“

*Dr. Elizabeth Dimovski In Quesada, Guatemala
standing beside local kids and colleague.*

" I remember this day clearly. It was in a small village away from the clinic we set up. I felt so excited to see the homes and the communities in the area. We screened the children and booked their appointments for the next day in the clinic. It was a magical day, actually the whole week was magical. I was doing the things I loved- dentistry, in a place where it was highly needed. The locals were so friendly and grateful for our presence there. There is a humbling feeling when one realizes how blessed we are to live in Canada. And a sense of quiet gratitude to be able to help in a way that very few can.

I remember a boy named Alessandro about 1 years old, reaching out from his mothers hands and asking me to take him. He stayed with me the whole time. I held him on my hips with one arm, and did the rest of the exams with the other. I would say it was an experience like no other. I felt happy, energized and inspired all at once.

I volunteered for Health Outreach because I had seen some of the work Dr.Tim Lee and Dr.Pravir Patel did. I have great respect for them. They are people with high integrity and loving, kind nature.

I love the fact that this project is done solely from a place of love, for the purpose of helping the less fortunate and to make this world a better place. I love and respect the people who are part of this. They are rare selfless individuals who are a pleasure to be around. I love the sense of feeling that I am part of something great.

There is a time in our lives when we realize the real success in life is not in the physical things acquire, but in the number of lives we touch and the loving experiences we share. Volunteering for Health Outreach brought me way more than I gave. Appreciation for all I have, a wider view of the world and a re-defining of what a well lived life means. I am forever grateful for Dr.Tim Lee for creating such a wonderful organization where all of that can be realized.



Dr. Elizabeth Dimovski

