

Health Outreach Newsletter



Tim's Notes

by Tim Lee, President and Founder - tim@healthoutreach.ca



The "Guatemala 2011" campaign is well under way. You will read below our fundraising goals. Our team leaves January 22nd, so please support them in anyway you can. The project involves two full weeks, including one in the town of Quesada.

This is the result of six volunteers giving up their free week-end last year to run a trial clinic in this town.

In this issue, we recognize two more long-term supporters of Health Outreach, Mr. Shawn Bandali and Mrs. Edith Baxter of Canadian Travel Press Magazine.

Finally, our website was re-launched. We thank everyone for their patience. You will find www.healthoutreach.ca updated, informative and more interactive. In our belief in practicing transparency, many of our organization's documents will be posted for members to view.

Please help us continue keeping in touch with you. An online application is available for you to complete. Joining creates a forum for members to share ideas - since we really do have the same concerns about health in developing countries.

Wishing you Peace and Happiness over the holidays.

Corporate Sponsor: Edith Baxter, Baxter Publishing

Canadian Travel Press Magazine

Canada's most well-read, well-respected publication

Frequency: Weekly (Monday)

Editorial Content: Concise news reports within each issue featuring current national trade news and major destination reports. Known as the "most authoritative voice" of the travel trade, CTP is the only travel industry publication in Canada awarded for editorial excellence.

Audience: Canada's senior decision makers, executives and managers in travel rely on CTP's news, analysis and destination reporting from Canada's largest travel trade editorial staff.

Health Outreach 6th Annual Poker Tournament

By Tim Lee

Huge Congratulations Andrew Bridi who walked away with three GOLD Leaf tickets and his name on the prestigious Health Outreach plaque. It looks like the plaque stays with On Centre Design Build for at least another year, as a dynasty is starting.

Hands moved quickly as "all in" was heard all evening. There was a strong field with three past finalists playing hard to reclaim the glory of being on the award plaques. These final three worked through 23 players and emerged as follows after the dust settled....

First Place: Andrew Bridi

Second Place: Salim Bandali

Third Place: Tim Lee

Over \$2000 was raised to purchase new portable dental chairs for the January dental project in Guatemala.

Thank you to our main sponsors of generous main prizes. Dr. Guido Galli, periodontist, Arif Manji of Hewlett Packard, Andrew Lee, of AML Law, and Rashad Shallwani. Tim Peabody, of Raymond James provided refreshments.

I had the honour of presenting a distinguished volunteer award to Dr. Pravir Patel, a long-time active participant of Health Outreach.

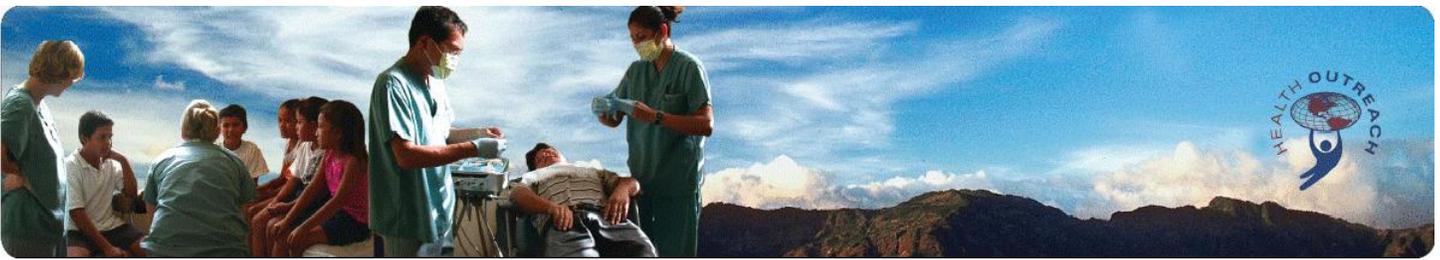
Thanks to volunteers Liz Galarza and Sylvie Guerron contributing to our largest turnout so far. Thanks to all of our players and donors, who provided over \$2000 in prizes.

A special thanks to Shawn Bandali, Tournament Director, who is the motivating figure behind all of this. He even bowed out early to help run the show!

(See Pictures of this exciting event on page three!)

What does the dentist of the year get?

A little plaque



Health Outreach Fundraising Goals For Guatemala 2011

Our next project is around the corner and we 're currently fundraising for the equipment similar to those illustrated below.

Dental Chair: \$1,200 x 3 = \$3600



This portable chair is designed for versatility, comfort and portability. Constructed from high strength aluminum, the chair has been safety tested to hold over 500 pounds.

Gas-Powered Compressor: \$800

Dental ADEC units are driven by compressed air. A new compressor similar to this one will allow multiple dentists and hygienists to handle the high demand for treatment.



"Open wider." requested the dentist, as he began his examination of the patient. "Good God !" he said startled. "You've got the biggest cavity I've ever seen - the biggest cavity I've ever seen." "OK Doc !" replied the patient. "I'm scared enough without you saying something like that twice." "I didn't !" said the dentist. "That was the echo."

A NEW Look...

Visit www.healthoutreach.ca for the latest!

Please fill out the Online Membership form to stay connected.

Partner: Nine Miles of Smiles

Nine Miles of Smiles is a non-profit healthcare volunteer organisation that provides dental care to underserved areas in Jamaica.

Health Outreach has worked with this group since it has a similar philosophy and mandate as that of Health Outreach. For example, program and policy development ideas are shared. Furthermore, dental equipment is loaned between groups. Arrangements like this can be mutually beneficial resulting in lower operating costs.

Next year NMS is running a dental clinic Feb 7-11th, 2011 in Walkerswood, Jamaica which is about thirty minutes from Ocho Rios. They plan to work with the Healthy Aging program where George Brown College students and faculty will be fabricating dentures. Cost of the trip is typically \$1200 to \$1500.

For those interested, please contact:

Kimberly Stoppa

President, Nine Miles of Smiles

416.826.7065

www.ninemilesofsmiles.org

Patient: How much to have this tooth pulled?

Dentist: \$200

Patient: \$200 for just a few minutes work???

Dentist: I can extract it very slowly, if you like.



Poker Pictures!



17th Annual KDUBSAPALOOZA!

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SOUPBOWL OF PASSION • WAX ELVIS • JUSTIN O
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 ADAM WEBB • MARY FVIE • CHARLENA RUSSELL
 DJ BENNY KNOX (FINE GRIND AUDIO • BIAS RECORDS • 4 PLAY TRAX)

DEC 27

AT THE STARLIGHT • DOORS AT 8:
 \$12 ADVANCE • \$15 DOOR • 19+

ALL PROCEEDS GO TO HEALTH OUTREACH CANADA
 Health Outreach's goals are to promote medical, dental and allied health care to
 those in need, particularly children. For more info visit www.healthoutreach.com

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