

# Annual Report: HEALTH OUTREACH

*A report by President, Timothy Lee*

"Partnering for Success"  
**Health Outreach**

**2014**

Annual Report  
Annual Report  
Annual Report  
Annual Report  
Annual Report



## Partnering for Success ...

“Guatemala 2014” in January included an inaugural full week project at the Rio Dulce region of Guatemala with our new partner - Ak'Tenamit. It was a success on many levels. This was significant because Health Outreach can now plan future projects in the Rio Dulce area and have the support to be both safe and effective.

Partnering enables Health Outreach to be efficient in its operations. With our projects being short-term, and our presence in the country limited, much of the ground work for must be carried out by reliable and trustworthy organizations. Furthermore, with careful planning with partners and early preparation, inefficiencies are ironed out and project costs are contained.

When Health Outreach volunteers are "on the ground", our partners assist in the safety, transportation, staffing and promotion of our projects. There is always the threat of unexpected logistical problems delaying our efforts to help the patients waiting for us. Our partners, with their long history and strong bond with the communities that we help, keep things moving in the short time that we are there.

On another note, a good partner must not have unreasonable expectations of how much we can contribute. We are pleased to confirm that Health Outreach has a very healthy relationship with both our partners in Guatemala, Quesada Solidaria in Quesada and Ak' Tenamit in the Rio Dulce. Both groups are very supportive of our efforts and wish to continue working to improve Health Outreach projects in their communities.



## ***"Guatemala 2014"***



Health Outreach in Guatemala successfully cared for 571 patients, mostly children, over two weeks in two regions of the country miles apart. This was accomplished with the time, energy and devotion of our valued volunteers who worked on a limited budget to work in adverse conditions.

Most notable was our inaugural project in the Rio Dulce region of Guatemala. We reached out deep into the rain forest to treat Mayan children and families without access to proper nutrition and health care. Guatemala's Mayan indigenous population have long been neglected and deprived of educational, health and employment opportunities. As a result, many live in poverty and isolation. The Rio Dulce region is home to many of these villages.

Project Leaders: Dr. Daniel Lee and Dr. Ramzi Haddad



## ***"Dentistry for Honduras 2014"***



The two dental teams that make up Dentistry for Honduras had successful projects in February and March of 2014. Besides treating hundreds of children, a dental technician team member brought and set up dental equipment which will serve the dental clinic and community of El Porvenir for many years to come. This included a Dry-Vac suction unit and a digital sensor for digital x-rays.

Furthermore, Honduran dentists were recruited to follow up with patients and continue the good work of the two Canadian teams.

Project Leaders: Dr. William Kerr and Dr. Michael Cusato



Full reports are available at [www.healthoutreach.ca](http://www.healthoutreach.ca)

2014 also brought on the following:

- A Volunteer and Donor Appreciation event was successful in acknowledging long-time supporters. The April 2014 event attracted eight of our greatest supporters and many long-time Project Volunteers, some who have participated in seven different projects.
- The Annual Health Outreach Poker Tournament and Kdubsapalooza benefit concert continue to be successful fundraising events.
- Rotary Clubs in Mississauga continue to fund our projects at a time when funding sources are more difficult to come by

### ***Message from the President , Timothy Lee***

Elections are planned for the Spring of 2015. Recently, several volunteers expressed interest in running for the Board of Directors....and the timing could not be better. I do have to step down as president since the Constitution states that I cannot run another term.

So it is with some regret, but great anticipation for the future, that I bid you farewell as your outgoing president. It has been an honour to lead you through the past several years.

My satisfaction comes when I look at some of the talented and driven individuals that serve on this organization. It wasn't long ago that some of you were volunteering on your first project, with some anxiety too. Now you have taken up the cause. Some of you have accepted leadership positions. My goal was only to show you what I witnessed in developing countries, and your hearts took over from there. That is what I am proud of.

I know personally each one of the Board Nominees. Rest assured that each one of them will bring forth new energy, expertise and experience to Health Outreach. In my role as Past- President, I will guide these new leaders as they make us even stronger.

## ***Partnering with Donors and Supporters***

There's another side to Health Outreach that deserves special mention. As an NGO in Canada, Health Outreach does not receive funding from the Canadian government or any government for that matter. We rely on the generosity of many groups and individuals. They are our partners. Special mention goes to *On Centre Design Build* who donated \$1500 in 2014. Honorary mention goes to *Health Partners International of Canada* (HPIC) who went out of their way to provide the medicine for G2014 including valuable local anesthetic. Also notable was the generosity of *DENTSPLY Tulsa Dental Specialties*. They donated endodontic equipment and supplies that will serve us well for many years.



Our work would not be possible without the generous donations, volunteer hours and ongoing support of many individuals, groups and businesses. We salute all of you for not just "keeping this thing going", but making Health Outreach an effective charity with a fine reputation.

### ***Message from the Treasurer , Liza Lakhoian***

We are currently working on our Annual Report for 2014, which will include financial statements for the period ending December 31st, 2014. These reports will be available by request or accessible online through the CRA website by August 2015.

In the meantime, financial statements for the period ending December 31st, 2013 are readily available for review. ( See Health Outreach - Financial Statement for 2013)

Please note, that our financial statement reflects the combined efforts of both Guatemala and Honduras. For example, in 2013 we received \$70,743 in donations and had \$77,589 in expenses - this is inclusive of both missions. Dentistry for Honduras is run by Dr. William Kerr and is budgeted separately, but is expensed through the main Health Outreach account.

The budget for our mission in Guatemala will be based on the numbers from the previous year with any adjustments made due to requirements with equipment (Note: this seems to be the only change in our expenses from year to year).

In February 2015, over \$70,000 in tax receipts were issued for the 2014 calendar year.

The issuing of tax receipts is currently done manually as the majority of donations received are either by cheque or manual credit card processing. Within the next year, we should see a transition in more online donations and less manual workload to input this information. This will alleviate the manual work that is required in processing donations

and ease any issues that we currently have with incorrect mailing addresses and loss of information.

Any additional information or questions you may have in regards to the financials of Health Outreach can be directed to Liza via email at [treasurer@healthoutreach.ca](mailto:treasurer@healthoutreach.ca)

## **Objectives for Fiscal Year Beginning January 2015**

1. Work to improve our Dental projects in Guatemala and Honduras.
2. Involve more volunteers in charitable activities at home and abroad.
3. Continue to train leaders at the Board level and for our overseas projects.
4. Maintain our charitable status. Health Outreach is privileged to have charitable status in Canada. This is not taken lightly. We believe in being financially prudent and transparent in the operation of our projects and home activities.

## **Self -Assessment**

Health Outreach can benefit from more activities throughout the year. Although, digital means do exist for connecting volunteers, they do not replace events where volunteers are inspired and motivated. Health Outreach needs members to take a more active role in activities such as governance and fundraising.

Health Outreach can benefit from more leadership. We are blessed with so many passionate volunteers who need a just little more direction. With a greater number of Board Members planned for 2015, we anticipate creating more opportunities to do more and give more.

The 2014 Annual Report was compiled by Timothy Lee on May 2015 and approved by the Board of Directors May 28, 2015.

For more information on Health Outreach, please visit [www.healthoutreach.ca](http://www.healthoutreach.ca) and <https://www.facebook.com/HealthOutreach>

## Basic Information

This organization files an Revenue Canada Form

**BN:** BN 86175.2889.RR0001

**Executive:** Dr. Timothy Lee, President & Founder

**Contact:** Liza Lakhoian, Treasurer

**Phone:** (905) 567-8899

**Fax:** (905) 567-9097

**E-mail:** treasurer@healthoutreach.ca

**Website:** www.healthoutreach.ca

**Fiscal Year:** 2013 ( Reference : [CRA](#) );  
2014 TBA

**Assets:** \$14,823

**Income:** \$70,743

**Year** 2002

**Founded:**

**No. of Board** 4

**Members:**

**No. of Full** 0

**Time**

**Employees:**

**No. of Part-** 0

**Time**

**Employees:**

**Volunteers:** 50-75

**Financial** Yes

**Statements**

**Available to**

**Public:** Yes

**Funding:** This organization is seeking funds from contributions and grants. These funds will be used for unrestricted operating expenses and special projects.

**Locations** Latin America,  
**Served:**

### Board of Directors (2014)

Timothy Lee

President

Richard Parrot

Vice-President

Liza Lakhoian

Treasurer

Soma Choudhury

Director

### Chairpersons

Daniel Lee- Equipment and Sundries

Amel Bjelosevic - Communications

Fabiola Reyes - Donor and Volunteer  
Appreciation

Steve Mathews - Grants